Orchard Park EarlyON Child and Family Centre

62 Orchard Park Drive | Scarborough, Ontario | M1E 3T7

Telephone: (416) 282 -7284 | **Email:** mcandelaria@esbgc.ca
Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 7:30	8:30 – 4:30	Closed	Closed

EarlyON Programs

You may check our website **www.esbgc.ca** to register for any programs that we offer at the BGC East Scarborough and Scarborough East EarlyON Child and Family Centre.

IMPORTANT NOTICE

Please note that we will be closed on the following days:

Monday, November 9 for Staff Training Day (all sites)

Friday, November 20 in the afternoon for a staff meeting (Orchard Park)

Account & Registration

To register for a program with BGC East Scarborough, go to www.esbgc.ca and click on “Register For Programs”.

To create a new account, please click HERE

Register Now

Pour des services à la petite enfance et à la famille en français, contactez le Centre francophone de Toronto en téléphonant le 416-922-2672 poste : 274, en envoyant un courriel à l’adresse: parents.enfants@centrefranco.org ou en consultant notre site web : **www.centrefranco.org**

Orchard Park: PROGRAM DESCRIPTIONS

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Friends at Play: This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child.

Gym Time: This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.

Play, Learn & Connect: An interactive program for families with children ages birth to 6. This program gives families an opportunity to play in a safe and engaging environment to explore and learn through play. Parents and caregivers can connect with others for social and community support. Program staff will lead circle time at the end.

Rainbow Fun: This is a interactive program for families with children ages birth to 6. Children and their caregivers will be encouraged to participate in gross motor games, songs and activities.

Orchard Park: PROGRAM DESCRIPTIONS

Babies at Play: This is a interactive program for families with children ages birth to 18 months. Baby toys and sensory activities will be provided along with songs and finger plays to stimulate and enhance your baby's development.

Baby Music: This is an interactive program for families with children ages birth to 18 months. Families with babies will gather together and sing songs, learn rhymes and use a variety of props and materials.

Kids Club: is a childcare that is provided for parent/caregiver who are attending a baby program and/or workshop. No registration is required. Staff will enroll the child once acceptance to the program has been confirmed.

Adult Services
Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs. For more information, please contact: **Grace Tameta** at gtameta@esbgc.ca

Q & A with Toronto Public Health: In this session, the Public Health Nurse spends time circulating among individual families or small groups and answering questions about any topic. Tuesday, November 17th from 9:30 - 11:00 a.m.

Sleep Training Your Babies: Sleep training is one of the hardest challenges of early parenting, but it does get better. Join us and learn about the importance of establishing and maintaining routines, and how to navigate sleep training, sleep regression, and more! Friday, November 20 from 10:00-11:00 a.m.

Parent & Tot Yoga: This is a 6-week playful yoga experience for parents/caregivers and children of all ages (suggested for ages 2-7). Move, breathe and learn together through yoga, songs and play.

Galloway EarlyON Child and Family Centre

100 Galloway Road | Scarborough, Ontario | M1E 1W7

Telephone: (416) 281 –0262 | **Email: lmills@esbgc.ca**
Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Closed	8:30 – 3:00	8:30 – 3:00	Closed	8:30 – 3:00	8:30 – 3:00	Closed

Galloway: PROGRAM DESCRIPTIONS

Gym Time: This is an interactive program for families with children ages birth to 6. The gym is set up with toys to promote gross motor development.

Circle of Friends: This is an in-person program designed to support children who may require assistance or accommodations in order to participate in group programs. Participants do not need to have a diagnosis in order to attend this program. Join us as we engage in fun activities that have a focus on sensory and gross motor skills.

Friends at Play: This is an interactive program for families with children ages birth to 6. This program gives children and caregivers a chance to explore the toys in the program room. Caregivers are encouraged to play with their child.

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Galloway EarlyON Child and Family Centre

100 Galloway Road | Scarborough, Ontario | M1E 1W7

Telephone: (416) 281 –0262 | **Email: lmills@esbgc.ca**
Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Closed	8:30 – 3:00	8:30 – 3:00	8:30 - 3:00	8:30 – 3:00	8:30 – 3:00	Closed

Galloway: ADULT SERVICES

Adult Services
Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs.
For more information, please contact **Lisa Mills** at lmills@esbgc.ca

Q & A with Toronto Public Health: In this session, the Public Health Nurse spends time circulating among individual families or small groups and answering questions about any topic. Friday, November 27th from 10 - 11 a.m.

Parent Consultation: This is an opportunity for opportunity for parents and caregivers to meet one-on-one with a Strides Toronto Community Child Therapist to discuss any concern or questions regarding your child's behaviour, development or how to establish routines.

Mornelle EarlyON Child and Family Centre

110 Mornelle Court | Scarborough, Ontario | M1E 1W7

Telephone: (416) 287 –3578 | **Email: lmills@esbgc.ca**
Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 3:00	8:30 – 3:00	Closed	8:30 – 3:00	8:30 – 3:00	Closed	Closed

Mornelle: PROGRAM DESCRIPTIONS

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore.
Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Creative Tots: This is an interactive program for families with children ages 18 to 30 months. This program is designed to allow toddlers to express themselves creatively through a variety of materials.

Rainbow Fun: This is a interactive program for families with children ages birth to 6. Children and their caregivers will be encouraged to participate in gross motor games, songs and activities.

Mornelle EarlyON Child and Family Centre

110 Mornelle Court | Scarborough, Ontario | M1E 1W7

Telephone: (416) 287 –3578 | **Email: lmills@esbgc.ca**
Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 3:00	8:30 – 3:00	Closed	8:30 – 3:00	8:30 – 3:00	Closed	Closed

Mornelle: ADULT SERVICES

Adult Services
Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs.
For more information, please contact **Lisa Mills** at lmills@esbgc.ca

Effective Discipline—What to do instead of yelling, screaming and spanking: This informative workshop explores why children misbehave, what makes discipline effective, and practical strategies for gentle discipline. Through video examples and group discussions, parents will have the opportunity to apply their learning to common everyday parenting challenges. Informative handouts and a Certificate of Participation will be provide.

Corvette EarlyON Child and Family Centre

30 Corvette Ave | Scarborough, Ontario | M1K3G2

Telephone: (416) 396-5822 | **Email: awright@esbgc.ca**
Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

Please note that our phone line is only open during these times

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 – 4:30	8:30 - 4:30	Closed	Closed

Corvette: PROGRAM DESCRIPTIONS

Fine Motor Fun: This is an interactive program for families with children 2.6 to 6 years. Children will engage in a variety of activities to improve their ability to coordinate the small muscles of the hand and work on their pre-writing skills.

Together Time: This is an interactive program for families with children ages birth to 6. Various learning centers, table activities, and toys are available to explore. Staff are available to provide information regarding your child's development, parenting information, community resources and more. Program staff will lead a circle time at the end.

Baby Music: This is an interactive program for families with children ages birth to 18 months. Families with babies will gather together and sing songs, learn rhymes and use a variety of props and materials.

Corvette EarlyON Child and Family Centre

30 Corvette Ave | Scarborough, Ontario | M1K3G2

Telephone: (416) 396-5822 | **Email: awright@esbgc.ca**
Website: http://www.esbgc.ca/earlyon-child-family-centres

Office Hours

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Corvette: ADULT SERVICES

Adult Services

Scarborough East EarlyON Child and Family Centre offers workshops and parent consultations by request. We look forward to hearing from families and caregivers to better determine the community's interest and concerns. We recommend submitting a request at least 4-6 weeks before the requested dates so we can schedule workshops that meet your needs.

For more information, please contact **Atheline Wright** at awright@esbgc.ca

Parent Consultation: These sessions are an opportunity for parents and caregivers to meet one-on-one with a Strides Toronto Community Child Therapist to discuss any concern or questions regarding your child's behaviour, development or how to establish routines. The sessions will be scheduled for 15 minutes per family.

Early ON
Child and Family Centre

LIBRARY PROGRAM LOCATIONS & DESCRIPTIONS

Note: All are welcome to participate.
No registration required.

tpl toronto public library

Port Union Library

Address: 5450 Lawrence Ave East, Scarborough, M1C 3B2, (416) 396-8885

Mondays, September 14 to December 14

10:30 a.m.- 12:30 p.m.

Music and Movement: This is an interactive program for families with children ages birth to 6. Music brings the community together and families will have the opportunity to hear and sing songs, rhymes and musical activities.

Highland Creek Library

Address: 3550 Ellesmere Road, Scarborough, M1C 3Z2, (416) 396-8876

Wednesdays, September 9 to December 16

1 - 3 p.m.

Music and Movement: This is an interactive program for families with children ages birth to 6. Music brings the community together and families will have the opportunity to hear and sing songs, rhymes and musical activities.

Guildwood Library

Address: 123 Guildwood Parkway, Scarborough, M1E 4V2, (416) 396-8872

Wednesdays, September 9 to December 16

10:30 a.m. - noon

Babies in Playland: This is an interactive program for families with children ages birth to 18 months. This program includes songs, rhymes, toys and activities, which encourage play and connecting with your baby.